



Institute for
HEART+LUNG Health
Strong beats. Clear breaths. Full lives.

Quarterly Joint Rounds

Sleep Apnea and the Heart

Dr. John Fleetham

Professor, University of British Columbia
Respirologist, VGH
Head, VCH Sleep Disorders Programs

Thursday, March 17th, 2011

8:00am - 9:00am

New Lecture Theatre, SPH

Obstructive sleep apnea is as common as type 2 diabetes and causes systemic hypertension, cardiac arrhythmias and premature cardiovascular and cerebrovascular disease. Central sleep apnea is common in patients with heart failure and cerebrovascular disease, and is associated with increased mortality. There are effective treatments for both obstructive and central sleep apnea.

For more information please contact Elishah Velji at:
Elishah.Velji@hli.ubc.ca or phone 604.806.8586

